



# The Process of Purity

Living Our Lives as a Reasonable Act of Worship

***Study Guide***

**PETER HILL**



*The* **Process**  
*of* **Purity**

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CPM Publications  
Calgary, AB, Canada  
cpm-e.com

The Process of Purity: Study Guide, First Edition

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In quoting Scripture, the letter “a” has been used to denote the first portion of a cited reference, while the letter “b” has been used to denote a quote from the last portion.

Author’s Note: Some of the anecdotal illustrations, although true to life, have been altered to protect the privacy of the persons involved. Other illustrations are fictional, and any resemblance to people living or dead is coincidental.

# Welcome!

We are so glad that you have chosen to download this free study guide to accompany your copy of *The Process of Purity*. We pray you will find this a useful tool as you read through the book, one that is meant to both challenge and bless you in your own walk. This guide is also ideal for a small group session.

For every chapter, we have divided this guide into three sections. The first is entitled, “**Where are we Going**” and is meant to give you an idea of some of the key concepts the chapter talks about, as well as some probing opening questions to get your mind directed to these concepts.

The second section is entitled, “**Front & Centre.**” The questions in this section are meant to be reflected upon during your reading of the chapter, or directly after. They are broken down into the specific headings in the book for easy reference.

The last section is entitled, “**Now What?**” and is filled with application questions to help you put into practice what you have read throughout the chapter. There is also a spot here for your own personal reflections and journaling.

As a warning, these questions are pretty ‘in your face’. They are meant to really force you to look deeper than you ever have before. I want to encourage you to commit yourself to answering

these questions honestly and wholeheartedly. That is really where this process begins.

In a small group setting, you'll undoubtedly want to tailor this guide to your own group needs. Perhaps you'll simply discuss your answers, or perhaps you can read sections of the book together. We hope that the "Now What?" part of this guide will provide you with a springboard of thought provoking discussion and real life applications as you "experience a shared life with one another" (1 John 1:6-7, MSG).

This guide is not meant to be set in stone, and we encourage your feedback and suggestions as to how we can improve it. Updated versions of the guide will always be available for download from our website, [cpm-e.com](http://cpm-e.com).

Be Blessed!

A handwritten signature in black ink that reads "Peter Hill". The signature is written in a cursive style with a horizontal line underneath the name.

*Part 1:*  
*A Starting*  
*Ground*







## *The Process of Purity*

3. When you hear the word purity, what sort of pictures or thoughts come to your mind?
4. When it comes to issues of purity, what areas do you struggle with the most?

## **Front & Center**

### **INTRODUCTION (pg 5):**

1. We often grapple with the notion of why we have been left on this earth. Page 6 lists some of our purposes here on this earth. Which of these purposes do you think is the most important?



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5. Read the account of the fall in Genesis 3:1-6. Describe the three purity areas that show up in this account.

## **Now What?**

1. Pick one area from the threefold list in 1 John. List five different situations in the last week where you have struggled with this area of purity.
  
  
  
  
  
  
  
  
  
  
2. What steps can you take to counteract those struggles the next time you encounter them?

3. What is God saying to you? What do you need to say to him?  
Take some time to journal and reflect below.

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6. What does God see when he looks at you? Find ten scripture references that talk about your identity in Christ.

**OPEN EYES AND PURE HEARTS (pg 18):**

7. Why do you think King David is remembered for his heart after God rather than the list posted on page 19?





3. Have another look in that mirror. What are you seeing?  
What is God seeing?

4. What is God saying to you? What do you need to say to him?  
Take some time to journal and reflect below.

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# **Chapter 3:**

## **Sincerity of Approach**

### **Where are We Going?**

- God is calling for people who are willing to be sincere with him and with others

1. What does sincerity mean to you?

### **Front & Center**

INTRODUCTION (pg 25):

1. What does it mean to practice playing second fiddle?

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2. What areas of your life do you seem to be trying to break open a door instead of finding a key?

SINCERELY YOURS (pg 26):

3. What areas of your relationship with God do you struggle to be sincere with?

4. In what ways have you allowed your regular worship and times of devotion to become insincere?



5. Sincerity is to approach God without a mask. What 'masks' are you wearing right now that God is longing for you remove?

**BOGOTÁ OR BUST (pg 29):**

6. Give an example of an interaction between you and someone else over the last six months where they acted with a heart of sincerity toward you.





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4. What is God saying to you? What do you need to say to him?  
Take some time to journal and reflect below.





**YOUR ALABASTER JAR (pg 39):**

3. Pick one person that is in the scene described in this section.  
Rewrite the story from his or her perspective.







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2. What is God saying to you? What do you need to say to him?  
Take some time to journal and reflect below.

*Part 2:*  
*A Battleground*

















3. What is God saying to you? What do you need to say to him?  
Take some time to journal and reflect below.

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**MOUNTING YOUR ALTAR (pg 67):**

4. Read the story of Abraham and Isaac, found in Genesis 22. Rewrite the story from one of the men's perspective.











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# Chapter 7:

## Captive Thoughts

### Where are We Going?

- We have the ability to create actions out of our thoughts, and it is therefore important to see the end result before we allow a thought to take root in our lives
  - Taking every thought captive is the front line of battle when it comes to living out our process of purity
1. Describe a situation in life, be it a game or a project of some sort, where you were not able to accomplish your goal because of things you had or didn't have with you.

2. Read Philippians 4:8 in as many different translations as you can find. What does this verse mean to you?

## Front & Center

INTRODUCTION (pg 77):

1. Describe a situation in your past, be it good or bad, where you felt like you were a captive.

2. Pg 81 warns us that if we let certain thoughts come into battle with us, we will lose. What thoughts over the last couple of weeks have you let come into battle with you?

**CREATING THAT WHICH CONSUMES US (pg 81):**

3. We all have habits in our lives, and sometimes it is beneficial to retrace our steps. Using the flow chart on page 83, describe three areas where you have seen that flow chart in action.







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2. What is God saying to you? What do you need to say to him?  
Take some time to journal and reflect below.





3. What outward actions are currently a struggle in your life?

**GETTING TO THE ROOT (pg 96):**

4. In what areas of your life do you struggle to trust? Why do you think this is so?





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9. Describe a situation in your life where you see how something that was outside of your control made you more vulnerable to attack with issues of purity.

10. What other triggers have appeared in your life, but are not mentioned here?



**NOT EVEN A HINT (pg 104):**

11. Read through the account in Daniel 3. Rewrite the story from the point of view of one of the three Hebrew men, or from the point of view of King Nebuchadnezzar.

12. What 'hints' of impurity reside in your life right now?

## **Now What?**

1. What is one thing you can put into practice this week to help you trust God more?
  
  
  
  
  
  
  
  
  
  
2. What is one step you can take this week to help curb the spirit of demanding within you?



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5. What is God saying to you? What do you need to say to him?  
Take some time to journal and reflect below.



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3. Read Revelations 21:6-7. In light of the battles we face while we are on this earth, what does this verse mean to you?

## Front & Center

INTRODUCTION (pg III):

1. Whether won or lost, describe how God can shape you through the battles that are in your life.











**DEALING WITH THE DUALITY OF FEAR (pg 124):**

13. In what areas of your life do you fear failure?

14. In what areas of your life do you fear success?

15. What questions do you need to let go of?





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*Part 3:  
Standing on  
Firm Ground*





# Chapter 10:

## Heart Transplant

### Where are We Going?

- In order to stay on the course when it comes to a life of purity, we need to be willing to have our hearts changed
  - The change within us needs to be deep if we want it to be lasting
1. Our heart is the absolute centre of who we are. Take a moment of reflection before you begin this chapter. What do you see in your heart?







## **Now What?**

1. Given the current state of your heart, where do you envision yourself five years from now?
2. What changes are you willing to make today to keep your heart soft and malleable?
3. What warning signs do you need to watch out for in the coming weeks as you implement these changes?

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4. What is God saying to you? What do you need to say to him?  
Take some time to journal and reflect below.

# Chapter 11:

## Ponderings for the Passage

### Where are We Going?

- If we want to stop the roller coaster of success and failure, we need to combat complacency, be accountable, and rely on the strength we have in Christ.
1. Take a moment to reflect on your own journey of purity. Describe one time of success in your walk, and one time of failure.

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2. Compare the two situations you have just described in the previous question. What similarities do you see? What differences do you see?

## Front & Center

INTRODUCTION (pg 147):

1. What lows moments have existed in your past that you now see have helped to build strength in your current walk?



2. What things are in your life that you are thankful for? Take a moment and use your list below as a prayer of thanks to God.

**COMPLACENCY COMBAT (pg 150):**

3. Describe a time in your life where you had to face the complacency of believing you will never be free.

4. Describe a time in your life where you had to face the complacency of believing you will always have success.







3. What is God saying to you? What do you need to say to him?  
Take some time to journal and reflect below.

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6. In what ways have you allowed God to walk this journey with you?

7. In what ways have you not allowed God to walk this journey with you?

THE REST IS WAITING TO BE WRITTEN (pg 167):

8. What section of this book spoke the most to you? Why?



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2. What choices is God calling you to make when it comes to your reasonable act of worship?

3. How has your view of worship changed through this journey?

4. What is God saying to you? What do you need to say to him?  
Take some time to journal and reflect below.